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# estyllo

Latin Entertainment & Style

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*Kate*

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# In the Kitchen

with Amanda Núñez

En la cocina con la Amanda Núñez

story by EL DON

photography by PETER BROWN

and JOSH MENAUGH

with AMANDA NÚÑEZ

in the kitchen

## *On the Menu*

Amanda's Mexican Rice

Stuffed Zucchini

Sautéed Pork Medallions

with Tomatillo Pesto

ESTYLO'S RISING STAR CHEF  
SHARES HER SECRETS TO  
A ROMANTIC DINNER!

# In the Kitchen

with Amanda Nieves

By the way, with Amanda Nieves



Stuffed Zucchini  
Amanda's Mission Rice  
Sautéed Pork Medallions  
with Tomatillo Puree

W e all enjoyed watching Amanda Nieves, winner of "Best Sous Chef 2007," demonstrate her culinary prowess on the Today Show. And Nieves made her Today debut last month, sharing some of her award-winning recipes for our soup and salad book.

I asked our youthful new chef how she would be spending Valentine's Day this year. "Cooking for others" was her indomitable reply. Of course, her kitchen skills are legendary amongst her neighbors and relatives—and even the public at large. As a result, she is booked far in advance as a private chef. This Valentine's Day, she will create a romantic meal for one lucky couple who know that getting Amanda to cook for them is a pain in and of itself!

How fun would it be to have your kitchen over to someone else so you can spend your time dressing up your home with an aura of romance? Hiring a chef from you up to create a wish-fulfilling evening. You'll be able to sleep yourself in just the night before (remember, to your loved one, you will come home



to find you unerringly lounging in your hooded Mizuno, your "personal chef" is whipping up a gourmet meal à la carte. But it's tempting to turn this lulling fantasy into reality!

Imagine a Valentine's Day where your lucky lady or guy enters a kitchen to find a message, illuminated by candles. Could it be the menu for the anticipated Valentine's dinner, as if entering a fancy restaurant? Or maybe a love note, or a coded list of things to come? Imagine the bedroom, adorned with rose petals, a bath with lavender soaps, fragrances, candles and a plush robe awaiting a lucky bathos, the dinner table set for romance, with the halibut steamed for dinner, coffee and breads laid. Soft music plays in the background. A movie DVD sits nearby, waiting to be discovered, that offers a clue to the biggest surprise of the evening—perhaps a trip to an exotic locale for an upcoming anniversary! Who could ever forget a night like this? It reads like an afternoon TV novella but you can do something like it with a little planning!

Oh—all that "love in the afternoon" almost made me forget about one detail! Back in the kitchen, I mean Amanda using the tomatoe technique to cut veggies. She is so good at it they look like a machine did them. Besides, it is a method of vegetable preparation in which the food item is julienned, then covered ninety degrees and dried again, resulting in equally-sized morsels. The result is even flavor and presentation. Amanda used this technique in preparing a soup worth a \$40,000 prize, so you get it!

Wow, Amanda donated us to her garden and packed some fresh basil into all my favorite herbs) and marinated making bread chips (fried like tortillas, and so easy you could easily consume an entire plateful before you know it. I instantly became additional and couldn't help using them. "Keep that El Dia," Amanda chuckled so with a smile, "there are for my garden!" In the future, I recommend lending these from anyone who like basil well you serve. "I replied through a mouthful of greens as I struggled to repeat the discussion reported from Zepher's (I don't follow).

With the help of her trusty kitchen assistants—but none Kellie, who is also her sous chef, souschef and official food assassin—

How fun would it be to turn your kitchen over to someone else so you can spend your time dressing up your home with an aura of romance?



Amanda continued, unimposed by my continuous sampling of the goods, to whip up an easy, lovely and light Valentine's dinner. She artfully presented it on beautiful dishes designed by her mom, Johanna Greenwood. We recommended you serve fresh berries and champagne afterwards and finish it up with coffee or bread.

Perhaps you know a young chef, not as older one for that matter) who you can ask

to make and serve these tasty recipes for you. Imagine you and your honey as you pretend, if only for an evening, that you are both and loved of your master. And it doesn't have to be for Valentine's Day only. It could be an anniversary, a birthday—any old day if you really want to surprise someone. Start searching for your guru chef now so you can keep your cool, save your energy and start a few later too!

Concha Nuñez



Tina Stabile/Foto

¿Qué tan divertido sería que alguien se hiciera cargo de sus tareas culinarias para que puedan pasar el tiempo arreglando la casa con un aura de romance?



## ¡El nuevo chef de Estilo comparte sus secretos para crear una cena romántica!

¿QUÉ TAN DIVERTIDO SERÍA QUE ALGUIEN SE HICIERA CARGO DE SUS TAREAS CULINARIAS PARA QUE PUEDAN PASAR EL TIEMPO ARREGLANDO LA CASA CON UN AURA DE ROMANCE?

¿QUÉ TAN DIVERTIDO SERÍA QUE ALGUIEN SE HICIERA CARGO DE SUS TAREAS CULINARIAS PARA QUE PUEDAN PASAR EL TIEMPO ARREGLANDO LA CASA CON UN AURA DE ROMANCE? Continúa a un chef' las ideas para poder crear una verdadera verdaderamente romántica. Puedes arreglarse con el perfecto conjunto espacial para que los platos lleguen y las encendidas románticas románticas de su tocador. Mientras tanto, el "chef personal" estaba buscando una comida gourmet para dos, ¿cuo tiendo a hacer que esta hermosa de nada la vida se convierte en felicidad?

Imagínate un Día de los Enamorados en que se pareja entre a un verdadero y amoroso un marriage fundado con velas, ¡Puedo ser el marro para esta cena tan anticipada como lo arrazan en un romántico final? ¿Qué una vida romántica a un inicio romántico de lo que es un día? Imaginen el momento avanzado con platos de rosa, un baño con sus jabones favoritos, fragancias, velas y una bata elegante separando el momento que se baño la mesa de la cena arreglado para el romance, con el tocador preparado para el sueño, café y coñac más tarde. Se enciende música suave en el fondo. Un patito en DVD ubicado muy cerca, separando ser romántico, que ofrece un reflejo de la sorpresa más grande de la noche— ¡¡¡¡¡¡¡¡ un día a un lugar exitoso para un aniversario! ¿Cómo puedo vivir una noche como esta? ¡Puedo la felicidad de la noche para poder hacer algo así con

